

Sandy Friedman

The environment of Colorado and the Southwest significantly influences my work. I draw from the energy of the mountains, sky, weather, plains, grasslands, rivers, wetlands, and our urban environments. My sculptures represent the energy found in totems and the interaction of the positive and negative spaces created by the sculpture's shapes. These represent moments in time depicted in a static state. My sculpture is positive and reaches out to folks to encourage exploration of thoughts, positive affirmations, and general well-being.